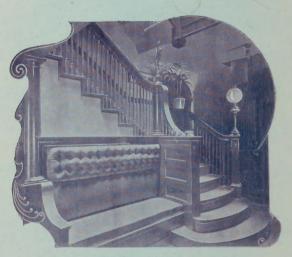
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Rules and Regulations 1892-1899

ospital Training

School for Nurses



FIRST VIEW UPON ENTERING THE HOSPITAL

# STAFF

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JUN.-23.-1899

THE

# CHICAGO HOSPITAL TRAINING SCHOOL FOR NURSES :::::

# CHICAGO

### DIRECTORS

D. A. K. STEELE, M. D., PRES.
J. T. BINKLEY, JR., M. D., SEC'Y
H. H. DEMING, M. D.
WM. M. HARSHA, M. D.
ALEX. H. FERGUSON, M. D.
LEILA M. HOLMES, SUPT.

Applications and Communications should be addressed to

DR. J. T. BINKLEY, Jr., Secretary 452 E. Forty-ninth Street METCALF PRINTER CHICAGO



# ANNOUNCEMENT

The Chicago Hospital Training School for Nurses, the outgrowth and reorganization of the Josephine Training School for Nurses, in which latter school our nurses were trained for four years, presents its announcement.

The Josephine Training School was organized and incorporated by the Secretary of the Chicago Hospital Training School. The course of instruction embraced a period of two years, the term of service was equally divided between the Chicago, the Charity and the Post-Graduate Hospitals.

At the time of the organization of the Josephine Training School the Chicago Hospital was a small private institution, and occupied very limited quarters in a rented building. To-day the Hospital has its own beautiful home, located in the finest residence district of our city, overlooking the magnificent Drexel Boulevard, and only a block distant from the famous South and Washington Parks. The present quarters were especially designed and built for the Chicago Hospital, and there are embodied in the structure all the essential features which an experience of several years has taught us were necessary. There are fifty private rooms for patients, operating rooms, bath rooms, dressing rooms, diet kitchens, laboratories, a complete drug department, steam laundry plant, electric light plant, sterilizing and disinfecting apparatus, and liberal quarters for the entire serving staff.

The growth of the Chicago Hospital from a small twelve-bed hospital, to an institution such as above described, has made it necessary for us to establish a Training School under our exclusive supervision.

Of the Josephine Training School for Nurses, and its twenty-eight good and efficient graduates, we shall ever have the fondest recollection. For the alumnae we cherish the same affection, as though we were in truth, as we are in spirit, their Alma Mater. The Chicago Hospital Training School is still their home, under a different name.

Very respectfully,

J. T. BINKLEY, JR., M. D.,

Secretary.

# THE CHICAGO HOSPITAL TRAINING SCHOOL FOR NURSES

THE object of the school is to train young women in all departments of Medical, Surgical and Obstetrical nursing.

The course is two years—the pupil to reside in the hospital during her term of service.

Each pupil will be allowed one month of vacation during this period of service, but shall be required to make up all time over one month that may be lost, from any cause. She shall be over 20 and under 30 years of age.

An applicant for admission to the school *must* present a physician's certificate of health, and a certificate of good character. She must hold a teacher's certificate, a high school diploma, or pass a satisfactory examination in the common school branches. All applications should be made to the secretary of the school, in the applicant's handwriting, and *must be accompanied* by above certificates. Pupils may begin their service at any time.

All pupils entering the school will be put upon probation for thirty days. At the end of the probationary period, if they are accepted, they shall begin the regular course of training, which is two years. The month of probation will be allowed to the five nurses each year who have the highest average marks in studies and work.

The examination and recommendation of probationers will be made by the secretary, or superintendent.

Nurses shall be required to attend 60 per cent. of all lectures given during their course, except when nursing private cases; they shall conform to all of the Rules and Regulations of the school, and they may be suspended or dismissed from the school at any time for good cause.

In case of sickness, all pupils excepting probationers, and those who have entered the school with physicial defects, shall be entitled to receive gratuitous care.

Pupils will not be excused from duty on account of sickness at home, excepting in extreme cases.

When a pupil has completed the full term of study and nursing, and passed a satisfactory examination, a diploma certifying these facts will be issued by the school.

### TUITION

A fee of One Hundred Dollars, for the Course and Diploma, must be paid or secured by the pupil upon entering the school.

Inasmuch as a fee is charged for the course, we list below some of the advantages which the school offers to applicants.

First.—We claim that the Chicago Hospital is the finest private hospital in the world, and gives the best course of training.

Second.—Our patients come principally from well-to-do families, whose acquaintance is a great advantage to the nurse in future life.

Third.—Our nurses are always in demand, and are usually employed when others are idle.

Fourth.—Our course of training is superior, our pupils are superior. The home life of the nurse is charming. Our course is two years, and the work is easier than in most schools, so that the pupil is not entirely worn out when she completes her course of training in the Chicago Hospital Training School, which is frequently the case after a course in a public hospital.

## **UNIFORMS**

The outdoor uniform of the Chicago Hospital (see last page of cover) is made of light blue army cloth, and was especially designed for the school. The uniform, coat, cape and hat costs the upuil \$35.00. With proper care it looks well after three years' wear. Pupils are required to wear the uniform while in training.

Pupils entering the school will be required to sign an agreement to comply with all rules and regulations, and they must also agree to leave all uniforms, if, for any reason, they leave the school. The school will undertake to dispose of the uniform and refund to the pupil the entire proceeds of the sale, and will refund to the pupil the tuition fee, less \$10.00 for each month the pupil has been in training.

# RULES

# SUPERINTENDENT OF TRAINING SCHOOL

SECTION 1. The Superintendent shall be a graduate of a Training School for Nurses, and shall be elected by the Board of Directors of the Hospital. She shall have immediate charge of

the nursing in the Hospital, of all persons employed in the wards, and the instruction and management of the nurses in the Training School.

SEC. 2. It shall be the duty of the Superintendent to have the directions for nursing and care of patients, given by the Attending Staff (or, in their absence, by the interne), carefully executed by the nurses under her charge.

## RULES FOR NURSES

The pupils of the Chicago Hospital Training School for Nurses shall be subject to the supervision of the Medical Staff, be under the charge of the Superintendent and reside at the Hospital. They shall be classified as Surgical Nurses, Head Nurses, Special Nurses and Probationers.

### HEAD NURSE

The duties of the Head Nurse shall be those of the Superintendent when for any reason that official is absent from the Hospital. At all other times she shall perform the duties as follows:

Section 1. She shall instruct the Assistant Nurses in the principles and practice of nursing, see that they are constantly on duty during their hours of service, and leave clear and correct orders for the night nurse, and have everything in perfect order for the reception of the night nurse.

- SEC. 2. She shall see that all nurses on night duty are prompt, faithful and watchful in the discharge of their duties, that no probationers are assigned to night duty, and that the floors are never left without nurses. She shall, as far as practicable, assign senior nurses only for the care of capital surgical cases. She shall regulate the warming and ventilation of the wards and service rooms; she shall give special attention to patients dangerously ill and to all emergencies which may arise.
- Sec. 3. She shall superintend the administration of all medicines that are ordered to be given, and the recording of the same at the time of its administration, and under no circumstances administer any form of treatment or medicine which has not been ordered by the Attending or House Surgeon.

SEC. 4. She shall have charge of the medicine closets, clothes closets and bath rooms, and shall see that they are kept in perfect order, and shall each morning examine and test carefully all hypodermic syringes, clinical thermometers, and other apparatus employed, and report promptly any defects to the Superintendent.

SEC. 5. She shall also have supervision over nurses having important surgical cases; shall see that the patients' meals are promptly served, and that they are satisfactory, so far as possible.

### SURGICAL NURSE

During the last quarter of a nurse's training she is employed for two months exclusively in the operating rooms.

Three nurses are always on duty in the operating rooms. They are known as Senior, Junior and Assistant Surgical Nurses. Here they are taught the formulae and personally prepare all dressings, solutions, etc.

SECTION 1. The Surgical Nurses shall assist at all operations. They shall see that the operating room is properly cleaned and put in order before and after each operation, under the direction of the Superintendent.

SEC. 2. They shall prepare and have exclusive charge of all surgical dressings and appliances, and shall each morning deliver to the Head Nurses such supplies as may be required for the day.

# COURSE OF INSTRUCTION

### 1.-GENERAL NURSING

- a. Care of wards and private rooms, with the principles of ventilating and warming the same.
- b. Bed-making: changing bed and body linen while patient is in bed; baths; management of helpless patients; prevention and treatment of bed-sores.
- c. Application and dressing of blisters; preparation and application of fomentations, poultices and cups; administration of enemata, and the use of the catheter.
- d. Observation of temperature, pulse, respiration, secretions and execretions.

### 2.-MEDICAL NURSING

- a. Administration of medicines, stimulants and nutriments.
- b. Massage.
- c. Disinfection and prevention of disease.

## 3.-SURGICAL AND GYNAECOLOGICAL NURSING

- a. Care of patients before, during and after operation.
- **b.** Care of burns, wounds and ulcers; prevention and control of hemorrhage; artificial respiration.
- c. Bandage-making and bandaging; padding splints; preparation of aseptic and antiseptic dressing; care, names and uses of instruments.

## 4.-OBSTETRICAL NURSING

### 5.-DIETETICS

# TEXT BOOKS

Pupils are required to provide the following text books:

Nursing-Stoney-Wise.

THERAPEUTICS-Biddle.

MATERIA MEDICA—Dock-Graff.

ANATOMY-Kimber.

PHYSIOLOGY-Kimber.

MEDICINE—Cuff.

A reference medical library is furnished by the hospital to which all pupils have free access.

# ORDER OF LECTURES, CHICAGO HOSPITAL

Lecture days the First Four Tuesdays and

### SUBJECT

Electricity, Fevers, Infectious Diseases, their treatment, diet, etc.

Surgery, Asepsis. Antiseptics, Micro-organisms, their growth, effect upon wounds, etc.

Bacteriology and Contagious Diseases.

Gynaecology, the preparation of patients for abdominal section, method of giving vaginal, uterine and vesical douches, etc.

Surgical technique, Primary and Emergency Dressings, Hemorrhages, Bandaging, etc.

Obstetrics, preparation of lying-in patients, Tying and dressing the cord, Delivery of the placenta, subsequent care of child and mother, etc

The first care of infants, their growth and development, feeding, maternal and artificial.

Urinalysis, Diagnosis of retention and suppression of urine, use and kinds of catheters, and the proper care of same, etc.

Anatomy.

Chemistry and Materia Medica.

Physiology.

Clinical Microscopy.

Massage.

The care of neurasthenic patients.

General nursing, Preparation of gauze and instruments, Sterilization, Deportment, etc.

Anaesthesia.

Medical Emergencies, Poisons, Antidotes, Syncope and Resuscitation.

# TRAINING SCHOOL FOR NURSES

the First Four Fridays of each month

LECTURER	Number of Lectures	DAY	MONTH
DR. H. H. DEMING.	8	First Tues.	JAN. to Aug. incl.
DR. D. A. K. STEELE.	6	Second Tues.	Jan. to Jun. incl.
DR. WM. K. JACQUES.	6	Second Tues.	July to DEc. incl.
DR. J. T. BINKLEY. JR.	8	First Friday.	May to Dec. incl.
DR. WM. M. HARSHA.	5	Second Fri.	JAN. to Jun. incl.
DR. FRANK CARY. DR. C. E. KURTZ.	4 4	Third Tues. Third Tues.	Jan. to Apr. incl. May to Aug. incl.
DR. J. C. COOK.	В	Second Fri.	Julyto Dec. incl.
DR. H. WERNECK GENTLES.	6	Third Friday.	Jan. to Jun. incl.
DR. RALPH S. GRACE.	4	First Tues.	SEPT.to DEC.incl.
SENIOR INTERNE.	4	Third Tues.	SEPT.to DEC.incl.
JUNIOR INTERNE.	4	First Friday.	JAN. to Apr. incl.
DR. PALMER FINLEY.	2	Fourth Tues.	July-August.
MRS. J. R. OUTERBRIDGE.	6	Third Friday.	July to Jan. incl.
DR. A. E. GARCEAU.	4	Fourth Tues.	SEPT.to DEC.incl.
LEILA HOLMES, SUPT.	24	Mondays. Wednesdays.	Each Month.
DR. MARIE L. WHITE.	3	Fourth Tues.	Jan. Feb. and March.
DR. BERTHA VAN HOOSEN.	3	Fourth Tues.	April, May and June.

# POST-GRADUATE COURSE

After April 1, 1899, the Chicago Hospital Training School for Nurses will give special training to a limited number of desirable candidates.

### COURSE OF INSTRUCTION

The especial feature of this training will be a course of not more than two, or less than one month, in operating rooms, where the pupil will personally assist at all operations. She will be instructed in the use of modern sterilizing and disinfecting apparatus, the preparation of solutions, gauzes and dressings, and receive printed formulae of all such work.

All surgical training will be under the direction of the Senior Surgical Nurse, as described on page 7. The course will correspond in all other respects, as to lectures, work and hours, to the training of the Senior Nurse.

### ELEGIBILITY

An applicant for admission to this course must be either a graduate of a recognized training school for nurses, must have attended a training school one year or more and practiced three years, or must have been engaged in nursing for five or more years.

She must, in addition to the above, comply with all the requirements and rules of the Chicago Hospital Training School for Nurses.

Graduates of other schools may receive the Diploma of the Chicago Hospital Training School for Nurses upon the completion of a six months' Post-Graduate Course.

A CERTIFICATE OF ATTENDANCE will be furnished to all nurses who have attended the course for any length of time, but diplomas of our training school will be furnished only to pupils who are graduates of other training schools, and then only after a Post-Graduate Course of six months, as stated above.

#### THITION

The tuition for a six months' course will be ONE HUNDRED DOLLARS. The pupil may take part of the course at one time and the remainder at a subsequent time.

# QUESTIONS TO BE ANSWERED BY

- 1. Christian name in full of applicant.
- 2. Date and place of birth; height; weight.
- 3. In what school or schools educated? What has been your occupation since?
- 4. Are you single, married or a widow?
- 5. State whether you have or have had children? How many? Their ages and how provided for?
- 6. Are you free from domestic responsibility, and not liable to be called away?
- 7. Are you strong and healthy, and have you always been so?
- 8. Have you any physical defects?
- Have you any uterine disease, or tendency to pulmonary complaint?
- 10. Are you a member of any church? If so, what?
- 11. Have you ever been probationer or nurse in any hospital or asylum?
- 12. Give names and addresses of two persons for reference as to your character. State how long each has known you. If previously employed, one of these must be the last employer.
- 13. Have you read, and do you fully understand these questions and the foregoing conditions and regulations?
- 14. Do you promise to obey and conform to the same.
- 15. When could you report for duty?

SIGNED	
	Applicant.
Present Address	

Date

# REGISTRY FOR NURSES

The Directors of the Training School have established a registry for their graduates, where Medical, Surgical and Obstetrical Nurses can be obtained. Applications for Nurses may be made to the hospital, 452 E. 49th Street. Telephone, 439 Oak.

# **IMPORTANT**

We very much prefera personal interview with all applicants: when this cannot be had we require a photograph of the applicant. If the photograph is to be returned the necessary postage must accompany it.

No application will be considered unless every requirement shall have been complied with.

# THE GRADUATES OF THE JOSEPHINE TRAINING SCHOOL

### CLASS OF 1894

ALICE FLEMING SUSIE V. CASSIDY

MISS FANNIE E. MORGAN, GALVA, ILL.

CLARA L. FINN SADIE TILTON

HATTIE G. DORAN

### CLASS OF 1895

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MISS TALIDA NACHTRIEB, CHICAGO.
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MISS HELENA C. GETTERT, SWEETLAND, IA.
MISS A. MARIE BURNS, CARTHAGE, N. Y.
MISS CLEO. CASE, MACOMB, ILL.
MISS EVELYN E. HULBURT, PETERSON, IOWA.
MISS EMMA M. GEYER, POMEROY, OHIO.
MISS MELINDA WINDSOR, TORONTO, ONT.
MISS ALICE A. MCPHEETERS, BIRMINGHAM, ALA.
MISS MARION L. CHRISTIE, ENGLEWOOD, ILL.
MISS MATTIE E. SNIDER, HARTFORD, KAN.
MRS. MATTIE V. RUSS. BENTON HARBOR. MICH.

MISS ALMA F. ROSWELL, SKOFDE, SWEDEN.

#### **CLASS OF 1896**

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# THE CHICAGO HOSPITAL TRAINING SCHOOL FOR NURSES

### CLASS OF 1897

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ISABELLA HALSON BROWN, WOODSTOCK, CAN.
LUCY MARTIN, RANTOUL, ILL.

### CLASS OF 1898

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ELLA V. DARLING, KALAMAZOO, MICH.
ROMAINE S. PETER, CHICAGO, ILL.
MARY E. HESS, TACOMA, WASH.
KATHARINE LALLIE, DIXON, ILL.

#### CLASS OF 1899

\* IRENE MOORE WELSH, MADISON, WIS.

ALMA ELIZABETH HALL, BATTLE CREEK, MICH.

EDITH MARION BRIGGS, HONEOYE, N. Y.

EFFIE CHAMBERLAIN, CHICAGO, ILL.

MAY MIDDLETON, HAMILTON, ONT.

MARGARET EAKIN, COLUMBUS GROVE, OHIO.

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CARE, AT MODERATE PRICES
ARE SOME OF THE INDUCEMENTS OF THE CHICAGO
HOSPITAL



A CHICAGO HOSPITAL NURSE